The Biofilm Buster Action Plan
By Jean Stanford | March 3rd, 2019

How I Relieved Over 90% of My Fibromyalgia Symptoms in 47 Days
The Biofilm & Fibromyalgia Connection and Why Many Doctors Still Haven't Heard of It

This is a fibromyalgia biofilm.
If you’d like to uproot the cause of your fibromyalgia for good, this may be the most important message you will ever read. Here is why:

It took me years of research and trial-and-error to realize how important this was in ending my chronic health problems.

My name is Jean Stanford and the first thing you should know about me is...I’m not a doctor.

I’m not an expert on nutrition either. I don’t even hold a college degree. Actually, the only thing I consider myself an expert on is...

That I believe I’ve found a way to eliminate almost all fibromyalgia symptoms within 47 days.

Does this seem too good to be true?

I sure thought so myself when I first discovered it, but what convinced me was just how much research is only now surfacing about the biofilm connection to dozens of chronic diseases.
It wasn’t until I began learning about biofilm and its role in these type of conditions that things began to dramatically shift.

Let me explain.

I suffered for a very long time with fibromyalgia/CFS and other autoimmune conditions including Ulcerative Colitis.

What I’m about to share with you is something that’s not only worked for fibromyalgia/CFS, but for many conditions, such as IBS/IBD, autoimmune diseases, Lyme disease and Candida overgrowth.

I’ll spare you the story of my long, 15-year journey as I’m sure you may already understand how horrible it can be.

But to briefly catch you up, my pain started at age of 17. When I should have been out living life; young, careless and fancy free. The only problem was, my “young life” was anything but. Every year more and more symptoms were mysteriously popping up in different areas of my body.

“You don’t look that sick...”

Before I knew it, by the time I reached my 24th birthday, I was in a living nightmare. I specifically remember that morning of my birthday, sitting at my kitchen table, preparing for another doctor’s appointment, and listing off 52 uncomfortable symptoms and side effects I currently had. My roommate walked by, once I had finished, and looked over the list I had just made. She asked me, “What’s all this?” After I told her, she chuckled. “No way!” In a dismissive tone. “You don’t look that sick.”

Lesson #1: Almost all “healthy” people you meet take their health for granted – and it’s almost impossible for them to understand just what
My body felt so achy and sensitive. Even the slightest touch from someone felt like it was magnified tenfold. I cried. I cried a lot. It seemed like almost every day was a painful battle and everything in my being felt utterly agitated.

**Does this look familiar to you?**

I was such a mess. For years I would have the same headache, and even more years of persistent diarrhea. Although I didn’t admit it, I was hiding from the world.

This isn’t who I am. Nobody was seeing the REAL me. I felt like a shell of my former self, buried under foggy layers of fatigue, depression and just downright helplessness.

It got to the point where I was so desperate, I would honestly try anything that even remotely showed a promise of relief. I even tried something very gross and I won’t go into detail on it, but it’s something called fecal microbial transplant, or FMT, with the hopes of finally breaking free.

“Is this just my life now?” was a recurring question. It became one of my deepest fears.

I probably visited over a dozen specialists over that 14-year period, who couldn’t tell me with certainty, what was going on. Most were quick to prescribe another pain killer. And almost all of them had that same look on
their face – of them pretending not to stare at me as if I were crazy. Was I crazy?

Why aren’t doctors able to help me? Why was it so hard to get answers from these experts?

And it was around this point I realized I was on my own.

**Give up or Fight for my Life...**

The doctors, whom I’d always put so much faith into, had totally let me down. If I was ever going to get better again, they were not the ones who were going to save me.

I was the one who had to live with myself every day. Not them. And I was the one who had to figure this thing out.

I’d finally had enough. I had to make a decision. Either decide my life was basically over and give up, or fight for my darn life. Fight for answers I knew had to be out there. Somewhere.

And I am almost certain I still would be sick today if it wasn’t for a medical study I stumbled upon. This study would reveal the 1 thing that 100% of the people who also have my symptoms, have. *(Don’t worry, I will reveal this study in a moment!)*

I then did something drastic. I quit my job. I moved back in with my parents and I dedicated my life at that time searching for answers. I poured over countless medical research papers.
My First Big Discovery…

If there was something that showed any type of promise, I was going to give it a try. I would experiment on myself. Besides, what did I have to lose?

I got so good at researching I became what’s known as a meta-researcher. Meaning, I learned how to deeply investigate the research behind the research. And it took me years of trial-and-error. *(Doing research through major fibro-fog and fatigue can be a job in itself)*

And it wasn’t until much later that I made my first big discovery.

Remember earlier I told you 100% of the people with fibromyalgia have this? Well, it's an overgrowth they have.

There was a research study being done at Cedars Sinai in Los Angeles showing that **100% of the people who had fibromyalgia also had something called SIBO** (small intestinal bacterial overgrowth). [A link between irritable bowel syndrome and fibromyalgia](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1039368/) M Pimentel, D Wallace, D Hallegua, E Chow, Y Kong, S Park, 2004

This had me immediately sitting up in my chair. And it set me on a quest which ultimately uprooted the root cause of my pain and symptoms and experience true vitality for the first time in my life.

“**They Work Together As One Organism...**”

What I soon discovered next about these little bugs totally blew me away. If you’ve been dealing with any type of fibromyalgia or chronic illness, then what I’m about to reveal is going to be an immensely important concept to grasp.
Doing so will require a huge shift in your perspective. So please bear this in mind as I explain.

Because there is an epic battle for survival happening in our bodies each day, which science is only now beginning to scratch the surface on.

It’s widely accepted that humans are actually made up of more bacteria cells than human cells. But did you know that these stealthy invaders are literally talking with each other, as one organism, in order to manipulate our bodily functions?

Like tricking our immune cells? Or triggering pain signals? They can even manifest sugar cravings! [1] Is eating behavior manipulated by the G.I. microbiota? Alcock J, 2014

I realized if these tiny organisms were causing my suffering, I needed to learn how to get rid of them ASAP.

That’s when I discovered something even more disturbing.

A new topic which was getting more and more attention. One that seemed to make even scientists uneasy. Requiring a huge paradigm shift in how they viewed these microscopic bugs.

It’s something called biofilm.

Some of us know biofilm as the plaque that forms on your teeth and is actually the main reason we get dental cavities. But biofilms are creating problems in many other areas within our bodies as well. [2] cdc.gov/healthywater/hygiene/disease/dental_caries.html, 2010

**Fun Fact #1:** Actually, dental plaque is a form of biofilm that is host to billions of microscopic bacteria. You can feel biofilm by the slimy texture that coats your teeth. In fact, there are over 500 species of microorganisms identified in typical dental plaque[3].
What is Biofilm?

Biofilm is a slimy, toxic film these bugs will secrete. They use it to live under. To survive and to populate within our bodies. It’s now considered the top reason why many chronic diseases persist and why antibiotics are no longer as effective as they once were.

That’s because **biofilms are nearly impossible to penetrate**. It’s been documented that bacteria protected within biofilms are up to 1,000 times more resistant to antibiotics, than if they were free-floating. [4] *Bacterial Biofilms in Nature and Disease*, J. William Costerton, 1987

Researchers are only now beginning to get a handle on exactly how these biofilms operate.

![Biofilm Life Cycle](image)

Not too long ago, scientists believed that these bugs were free-floating, or in planktonic states within the body. They’ve now discovered that roughly 95% of bacteria and other harmful bugs, (Candida, parasites and fungus), are not free-floating, but are instead thriving under the protection of these biofilm communities.
Here’s how biofilms work: They secrete a glue-like plaque, which permanently attaches along your insides. This plaque turns cement-like, creating a secure foundation for colonies to build upon. [5]

This plaque gets lodged into so many vital organs and systems. It ends up blocking vital nutrients, blood flow and oxygen to your muscles. This would definitely explain why more and more pain would pop up in my body.

Research shows biofilm colonies will grow almost anywhere in the body. Your G.I. tract, bladder & urinary tract, sinuses, arteries, lungs, mouth & eyes, and even your skin. [6] Biofilms the Hypertextbook Alfred B. Cunningham, John E. Lennox, 2001

How Biofilms Hurt Us

A creepy study in 2016 found that when these biofilms mature, they produce bio-toxins, which are specifically designed to turn off our immune cells. [7] Bacterial Exotoxins: How Bacteria Fight the Immune System. Inka Sastalla, Denise M. Monack, 2016

The fact that these bio-toxins are harmful to us is concerning. But even more alarming is they play a key role in several autoimmune diseases, chronic inflammation and Alzheimer’s disease; as outlined in a 2015 study published by the Drexel University College of Medicine. [8] Alzheimers Disease: A Novel Hypothesis Integrating Spirochetes, Biofilm, and the Immune System Herbert B. Allen*, Diego Morales, 2016

The study discovered that our immune cells can’t penetrate this biofilm layer to kill these invaders. So instead, our cells will end up destroying our surrounding tissue, leading to severe devastation, much more rapidly.

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It’s like your army of immune cells are lined up and ready for the fight. Only they’re never able to penetrate the enemy walls – and so they just end up fighting what’s left – your body.

I was shocked, (even a little grossed out), to discover what these studies had revealed. And this is just a tiny fraction of what science is currently uncovering on biofilms.

Just in the past few years alone, over 320 studies have surfaced, all linking biofilms with over a dozen different chronic diseases. What is going on?

A Toxic, Critical Mass Is Reached...

But inflammation isn’t the only thing working against you. As these populations increase over time, more and more bio-waste is generated over the life-cycles of these organisms.

All the living, dying and defecating of these microorganisms creates a daily influx of waste in the human body, slowly reaching a critical mass.

These bug secretions are currently being studied. Already, several types of neurological toxins, called “endo” and “exotoxins”, have been identified, and are suspected to play a major role in pain, fatigue, mood disorders and gastrointestinal distress. [9] Bacterial Exotoxins: How Bacteria Fight the Immune System. Inka Sastalla, Denise M. Monack, 2016
What are these toxins?

Exotoxins are what make up these biofilm layers.

Endotoxins are what these bugs secrete to break down passing nutrients and biological matter (human tissue), for food.

The body is literally being drip-fed an ongoing supply of these toxins. And in turn, this triggers a whole host of neurological symptoms such as pain, fatigue, gas & bloating and mood disorders. [10] Regulation of microglial inflammatory response by sodium butyrate. Huuskonen J1, Suuronen T, 2004

The immune system sees these “foreign invaders” and mounts an all-out attack.

The only problem is, this attack is continuous. Never ending.

Your body is constantly “under attack”. In a continuous state of code red.

It simply becomes overburdened while this war is going on. And all of your energy gets zapped just to keep up with it all.

But this line of research got me excited. Could biofilms be at the root of my problems?

As I looked back at all I was going through, it started to make sense. That an overgrowth of these biofilms could be polluting my body and making my immune system go haywire.
How I Finally Found My Solution

I was intrigued. But what I needed was to find a way to beat this war that was going on in my body. Because no doubt, they were winning.

These biofilms were literally sucking the life out of me. By constructing their barricades all over my body (and probably my organs too), and increasing my pain each day.

I then read about a natural substance that proved to be a clear-cut winner at breaking down biofilm. In fact, it’s something our bodies already naturally produce to break down other unwanted things such as fibrin and scar tissue.

These are enzymes.

Each day we require hundreds of different enzymes for almost every action the body performs.

The problem is, dissolving biofilm is a huge job, and many of us simply don’t produce enough of these specific enzymes to keep biofilms in check. Coupled with the modern, sugary diet and America’s obsession with antibiotics, this problem becomes magnified.

There are literally thousands of unique enzymes the body produces. However, I isolated a handful which work extremely well to specifically dissolve biofilm.

Actually, these same enzymes have long been used for their anti-aging, anti-inflammatory, anti-viral and blood cleansing properties for centuries.
These all-natural enzymes can work quickly and effectively, to break down biofilm barriers to expose these harmful bugs.

I began experimenting and found a specific combination of enzymes showing the most promise for safely dissolving biofilm in the body. I then decided to try them on myself. [11] *Biofilm-degrading enzymes from Lysobacter gummosus.* Anke Gökçen, 1 Andreas Vilcinskas, 2014

I had nothing to lose at this point. So, I organized my arsenal of enzymes, and began my first biofilm protocol.

**My First Biofilm Protocol**

Not too long into the protocol, I realized these enzymes were hard at work. Quickly breaking down years’ worth of biofilm strongholds within my gut, sinuses and other organs.

I knew this because I could **actually see the biofilm plaque leaving my body through my nose and stool.** Yes, it’s gross, but if you’ve been sick for long enough, this kind of stuff is actually pretty exciting to see happen. Because something different is happening.

One of the very first things I noticed was my sinuses began clearing up. I was waking up with clear sinuses and my sense of smell had returned. I learned much later that sinus infections were actually biofilm issues.
In the first couple of weeks I noticed I wasn’t as tired or fatigued. I seemed to have a little bit more stamina and my constant neck pain had diminished.

It wasn’t until later I refined my approach, by following a specific diet and introducing spore probiotics to my daily regimen.

The diet was there to help kill off any resilient bugs leftover, and the specialized probiotics were used to restore my gut microbiome with friendly colonies and help ease any bug die-off reactions.

With each passing week, I was getting stronger and stronger.

I began waking up feeling refreshed from a deep nights rest and my body just felt lighter.

It’s like my body began to feel calm. Like a giant engine inside me had finally turned off.

**Lesson #2: The strange thing about being chronically ill is that I never realized how sick I was until I began to feel better.**

And wow was I feeling better! By day 44 into the protocol, I was feeling totally different. I felt gently elated – but all the time. Like this feeling of being slightly lifted off the ground.

It seemed like I stepped into a new body. One that was 25 years younger.

Looking back now, it makes perfect sense.

Because if our bodies are made up of more microbe cells than human cells, then shouldn’t the focus should be on balancing our microbiome?
Modern medicine is beginning to recognize this as well, and it’s exactly why so much research has been centered on the microbiome in the past few years.

The more vitality I began to experience, the more I wanted to share my discovery with others. I knew it would benefit so many, who like me, were trying to get free.

But first, I needed to simplify it. Fit it into a step-by-step, easy to follow protocol.

For the last 5 years, myself along with a few other former patients, have been perfecting and refining this method. And it’s already helped so many get their life back.

**Here’s How It Works:**

Essentially, there are 3 steps:

1. **Dissolve** - Dissolve the biofilm
2. **Remove** – Remove the dying bugs and toxic buildup
3. **Restore** – Restore the gut microbiome with specialized probiotics

I found it must be done in this order or else you’ll be perpetually stuck just trying to get past step 1.

The plan consists of 3 basic steps. **Disrupt, Remove & Restore.** We will try to give you as much detail as possible so that you can understand the why & how of this plan, without getting into information overload. (We’ve found if you understand the why & how it’s much easier to remember & follow

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through with the plan.

**Step 1: Disrupt**

Most fibromyalgia and chronic illness patients are dealing with some form of pathogenic overgrowth. This is when colonies of harmful microbes such as bacteria, yeast like Candida and molds begin growing out of control in your digestive tract and cause serious upset in the process. Studies have shown that people don’t even have to show any digestive symptoms at all and can still have a major overgrowth such as SIBO (small intestinal bacterial overgrowth).

The problem is these harmful pathogens start protecting themselves from your immune system by secreting a slimy, impenetrable matrix called a biofilm. Once this biofilm is established, it is almost impossible for your body to penetrate. Even the most powerful antibiotics known to man cannot penetrate this biofilm and reach the bacteria inside. Biofilm is now known to be responsible for over 70% of infections worldwide.

Even worse, this biofilm is made up of exotoxins which are harmful neurotoxins & can harbor heavy metals which leach into the bloodstream wreaking havoc on your nervous system. These pathogenic bacteria are now able to safely and freely proliferate within your body without anything stopping or regulating them.

Over time, the intestinal wall becomes compromised, and links in the intestinal wall, called “tight-junctions” which help glue intestinal cells together, start breaking apart. This is called “leaky gut syndrome”. With these tiny holes in the intestinal wall, bacteria, food particles and other toxins can enter the bloodstream causing the immune system to go into overdrive.

**Disrupt**, of step 1 means we need find a way to disrupt or dissolve the toxic layer of biofilm. One of the safest and most effective ways we’ve found to
do this is by the use of biofilm dissolving enzymes **taken on an empty stomach (an hour away from food).** These are proteolytic (protein) enzymes which our body naturally creates for almost every single biochemical reaction that happens. Enzymes are the special element required for bodily reactions to happen. However, the body only has a limited amount of enzymes and they are in high demand. And dissolving biofilm is a big job. It requires taking a lot of enzymes, over a prolonged period of time in order to work.

We've found specialized plant-based enzymes that work incredibly well at dissolving pathogenic biofilm from SIBO (as well as Candida yeast) and our formula contains these exact enzymes. **The key here is to take these enzymes on an empty stomach at least an hour away from food so that they have a chance to be absorbed into your digestive tract and into the bloodstream where they can be most effective.** If you take them with food in your stomach, they will simply go to work on digesting the food and not have a chance to get into your body systemically where they can be most effective.

**Step 2: Remove**

This step is where people often get discouraged. We certainly did. We want to **remove** the waste that is stirred up when we start penetrating the biofilm and our immune system is finally able to eradicate the bugs hiding within it. The immune system really has no trouble regulating these bugs once they are outside of their protective biofilm.

The reason many get discouraged is because often, depending on how much pathogenic bacteria has been colonizing within you, there can be a die-off reaction, or **H**erxheimer reaction, which happens when a whole bunch of bacteria and biofilm are washed out of your gut microbiome and left to your detoxification channels to process all at once. A classic “Herx” reaction is feeling like you have the flu or a fever, or you may just feel
worse for a few days or weeks while this process happens. But this is good news and it means that it is working and you are finally eradicating these unwanted guests from your body! The rule of thumb here is to slow down if you begin to feel like it’s just too much or it’s going on longer than a few weeks. It’s important to pace yourself so that you don’t do any further damage to your body here.

**Diet:** Think Paleo-style diet here. Mostly clean protein sources and organic veggies. Avoid GMOs, FODMAP foods, pesticides and processed foods during this step. Also be sure to drink lots of filtered water and increase your fiber intake so that you can more easily flush out the dying colonies of harmful, pathogenic bacteria.

### Step 3: Restore

Step 3 is the best part. We are working here to **restore** the gut microbiome back to balance by continuing on the diet and incorporating friendly, beneficial bacteria to help establish and recolonize our gut. There are so many options to choose from when looking for probiotics, but after trying seemingly all of them we’ve found 2 particular strains to be head and shoulders above the rest when it comes to noticing a difference in how we think and feel and even on our mental/emotional states.

They are both soil-based microorganisms, meaning they exist in healthy soil microbiomes and have been evolving in tandem with humans for a very long time. They are *Bacillus subtilis* and *Bacillus coagulans*. Both of these probiotics are among some of the most researched micro-organisms out there and their use is rapidly growing each year. If you would like to learn more about why these probiotics were the clear-cut winners for our Restore 3 formula, you can continue reading below.

We won’t go into too much detail about them in this report, but we will say they are one of the key components to the Restore 3 Program and all-in-
one formula. We have tried just about every probiotic available on the market and have without a doubt come to the conclusion that these 2 strains of probiotics stand above and beyond the rest.

Let’s Recap:

Okay, here is the final recap of the program: Step 1 is all about disrupting and dissolving biofilm within the gut using specialized enzymes and a starve-off diet. Step 2 is continuing on the starve-off diet while removing the bacteria and toxins that were hiding underneath the biofilm. Step 3 is about healing the lining of the intestinal wall (leaky gut) and restoring your gut microbiome with friendly bacteria so that healthy colonies can once again establish themselves where they belong.

The timeline for this program depends on how much overgrowth you are dealing with. It could take anywhere from 45-75 days but generally we find people start feeling better not too long after starting the program, and get progressively better the longer they follow it.

The amazing thing is that no matter what you happen to be suffering from, this program will most likely work to jumpstart your body’s own healing mechanisms so that you can start feeling better fast. Wellness is always flowing through our bodies, and the goal becomes removing those blockages that are keeping that wellness from flowing freely into all areas of the body.

The 2 most important factors in how fast it can work for you is going to be your diet; making sure to avoid sugars, starches and grains, and dissolving the biofilms with the specific biofilm dissolving enzymes found in Restore 3.
Do You See the Challenge with Biofilms?

This is breakthrough, leading edge science only now being uncovered. So it’s not your fault you didn’t know this. *How could you know?*

Many doctors still don’t even know this.

I’m willing to bet that a large portion of doctors still don’t know what a biofilm is, yet alone, how far-reaching the damages really go.

All any typical doctor would ever do for me was prescribe me something to numb the pain that I was in.

But I don’t want to numb the pain, I want to kill the *cause!*

And get on with my life.

It’s been 5 years now since I first did that protocol and everything *changed for me.* There is a deep well of vitality and liveliness that lives in me now. It never goes away. The dominant feeling I used to feel was hopelessness. Now it’s gratitude – for what my life feels like now.

I’ve since repeated this protocol 3 other times, and with other patients. With each new round, I’m dissolving deeper layers of biofilms. Bringing my body into fuller and more lucid states of vitality and wellness.

*Lesson #3: The body wants to heal. That’s the job it’s designed to do. It just needs the right environment to do so.*

And our job is to simply provide our body with the right environment. That’s what the 3 steps are all about.

My purpose in life became clear. To awaken this same vitality and vigor in others, and empower them with the action plan to do it.
I went through many pitfalls to get here. I’ve since guided hundreds of people who were just like me, struggling to find something that worked. Something that made sense.

We know what works and what doesn’t. We know how to accelerate this protocol so you see results much quicker. And we know where the traps are, that so many get stuck in.

Eventually, myself and a small group of other patients, distilled all of what we’ve learned into what’s now widely known as the Restore 3 Program.

It’s a proven, step-by-step system that quickly clears out the biofilms which are sabotaging the body’s recovery efforts. And it eliminates the root cause of pain. Finally, it restores the gut microbiome with the vital nutrients and probiotics it needs to repair itself for good.

But don’t just take our word for it. Here’s what Gail Powers, one of our earliest success stories from our beta program, wrote in to say about Restore 3:

“"I wake up refreshed and alive...”"

“I can’t begin to explain the type of life that I was living while coping with fibromyalgia. Some days I would wake up and just stay in bed for 2 hours. I would keep my coffee maker next to my bed, just to give myself a boost out of bed. Once Restore 3 got to work in my body, the changes were dramatic. I could now practically spring out of bed easily and without all those aches and symptoms. It was unbelievable. A welcomed, strange feeling to feel so good after so many years of feeling so bad. I could actually sleep deeply and wake up refreshed now, every day. Thank god I did this. It was like I was living my life walking around wearing lead clothing that just finally dropped off. I feel like I’ve got a new life.” - Gail Powers, Albany, NY

*Testimonials are individual accounts. Results may vary.*
The Restore 3 Program
A Complete Enzyme & Probiotic Restoration Program

Discount Membership

3 Pack Discount

Single Bottle

$49.00 / month
60 capsules - 1 month supply
Free Shipping - Free 67-page Guidebook

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What’s Included in The Restore 3 Program:

Report #1:

Instant Download of the “Restore 3 Handbook” eBook

FREE for a limited time only, this guidebook, written by former long-time sufferers, guides you through an easy to follow, 3-Step Action Plan which can help relieve your symptoms quickly†.

INSIDE THIS 67-PAGE EBOOK, YOU’LL DISCOVER:

- Our 3-step action plan we used for our success
- The Top 5 foods you absolutely must avoid
- How this 1 simple trick can boost energy levels
- How to dissolve biofilms safely and effectively

This eBook is available to members of the Restore 3 Program and can be downloaded instantly to your computer after joining.
Report #2:

Instant Download of “47 Proven Tips to Feel Better Fast” eBook

This Special Bonus Report titled “47 Proven Tips to Feel Better Fast” available for immediate download.

- The 1 thing you’re likely doing everyday to keep you in the ‘sick-loop’
- How to safely jump-start this bodily process to give you all-day energy
- How to use this cheap & abundant natural mineral to help you sleep deeply.
- The most important thing we make sure to do everyday to ensure vibrant health.

How to Take Restore 3

With just 2 capsules per day, Restore 3 goes to work in your body. Doing the heavy lifting of breaking down tough biofilms which are causing the pain, fatigue and digestive bloating.
Some temporary side effects could include a familiar symptom or two resurfacing, once Restore 3 begins clearing and moving out these biofilm colonies. This is a good sign because it means it’s actually working for you.

Take it once, either in the morning or evening, whichever you prefer.

It’s all-natural and vegetarian. And doesn’t cause any of the dangerous chemical side effects a lot of pharmaceutical drugs do.

There’s not even a pharmaceutical drug out there that does this. Restore 3 is in a class of its own, there really is nothing out there quite like it.

And they come delivered right to your doorstep each month. You pay zero shipping or handling.

**We’ve done all the trial-and-error for you.** Designed by former patients, Restore 3 completes all 3 actions in one formula, to target the root of the issue. And finally get your life back on track.

Each order comes with The Restore 3 Handbook. It’s your step-by-step guide that carries you through the protocol. It includes what to eat, the traps to avoid and how to maximize your results so you can begin feeling better - *fast*.

**Why Restore 3?**

**Supports Rapid Biofilm Disruption** – Quickly and safely eliminates fibromyalgia pain†

**Clears Out Bacteria & Yeast Buildup** – No more Fatigue & Digestive issues†

**Step-by-Step Guide** – Be guided along each step of the way†
A Growing Problem...

**Biofilms aren’t going away.** They’re too resilient. I can guarantee you they’ll just keep on talking with each other, figuring out new ways to grow under the safety of their biofilms each day.

Unless they’re targeted and destroyed. That’s why Restore 3 was created.

What do you have to *lose*?

Except for the pain? Or waking up each morning stiff and achy? Or just plain *exhaustion* - not being able to take part in life because you’re just not fully present?

It’s no wonder you’re feeling this way. Your body is constantly at war, even in your sleep!

The #1 truth I’ve found, after walking hundreds of people through this protocol, is this: *The sooner these biofilms are controlled, the faster your body can rest. And go back to doing the job it’s designed for.*
My No-Hassle, 60-day Money Back Guarantee

I’m going to take away all the risk for you, right now.

Why? Because I know this will work.

And if it doesn’t work, you can have every dollar back you paid for it.

You don’t even have to decide now, I’ll give you 60 whole days to try it.

We don’t want you paying for something which hasn’t totally transformed you. We love seeing total transformation in our customers. Honestly, it’s why we do this. We thrive on hearing your transformation stories. And anything less is our fault.

We respond to every email, phone call and message we receive. Because we’re eager to serve those who have stood up – like we did - and made the self-honoring decision to take action and finally turn their life around.

What Comes with the Restore 3 Program?

- The Restore 3 supplement delivered directly to your doorstep each month to keep you on track.
- Instant download of “The Restore 3 Handbook” which covers, in detail, the exact steps you need to take in order to eliminate your fibromyalgia for good.
- Instant download of “47 Proven Tips to Feel Better Fast” which covers all the most effective body hacks you can do to immediately start feeling better.
- My iron-clad, no-hassle 100% money back guarantee that lets you try out this powerful formula for yourself with absolutely no risk involved for you.
All for just $49.00 per month. But hurry, this price will increase to $59.00 very soon.

**Buy Now**

P.S. **What’s the worst scenario?** If you’re not happy with Restore 3, you’ll get a full refund. No questions, no hassles, no problem.

And you can still keep the 2 eBooks that come with your order as a thank you for giving it a try.

**What’s the absolute best scenario?** You can expect to feel lighter, have more vitality and energy...and finally be done with this issue once and for all...And get on with living the life you’ve been wanting to live.

“I was skeptical...”

“I was hesitant to try this product after many failed attempts at natural remedies for fibromyalgia. It was at the constant urging of my best friends mother who had tried Restore 3 with great results. It’s been a long road but I feel I’ve finally been able to get my life back. Thank you Native Formulas.”* -Sarah Bowman, Florida

*Testimonials are individual accounts. Results may vary.

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“Really a complete supplement…”

“I’m very impressed to find a company that actually gets it. Soil based probiotics and systemic enzymes have both been incredibly effective in my journey to recovery and I used to have to purchase and take them separately. Restore 3 is a product that understands what fibro and cfs is about and have delivered a fantastic program. You have a loyal customer.” - Bryant Conner, Alaska

*Testimonials are individual accounts. Results may vary.

“I wake up refreshed and alive…”

“I can’t begin to explain the type of life I was living while coping with fibro/cfs. I wouldn’t wish this kind of condition on anyone. It’s no way to live. Some days I would wake up and stay in bed for 2 hours because of how weak and sick I felt in the mornings. The mornings were the worst time for me. I would keep my coffee maker next to my bed just to give myself a boost to get out of bed. This product didn’t work right away for me, but I stuck with it. It wasn’t until about 6 weeks of regular use that I began to get out of bed more easily in the morning without as many aches and pains. By week 8 I was almost springing out of bed. It was a strange feeling after so many years of the same morning routine. I wake up each day now refreshed, like I actually slept deeply and I feel so alive energetic. Almost like I was wearing around lead clothing and it finally just dropped away. I feel like I’ve got a new life…” - Gail Powers, Albany, NY

*Testimonials are individual accounts. Results may vary.
P.P.S. Being sick for that long was the hardest thing I ever had to do in my life. I think the most painful part was that feeling of hopelessness - thinking I may never get better again.

I wish I’d known then, what I know now. I could have saved myself many years of agony.

What if this was what turned your life around?

What do you have to lose?

Thank you for taking the time to read my story. My wish is that it’s provided you with a little hope. Or maybe offered you a different perspective on your own health challenges. But perhaps, my hearts true wish is that it’s inspired you to never give up trying. To never give up going down those different avenues, until you find the one that ultimately sets you free.

I wish for you the highest levels of health and vitality,

Jean Stanford
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